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AUGUST NEWSLETTER
692-1111

Welcome to our
New Family

Birthdays in
August

13 Jack Wilkerson
20 Meghan Wilkerson
20 Vishnu Kommineni
26 Peyton Luketich
29 Sebastian Keck

Morning Classes

We will be holding morning classes every Tuesday in August at 10:30am.

Taekwondo BBQ

Join us immediately after testing on the 19th for a family BBQ at Myung Martial Arts!

Good Luck to all of
our students going
back to school!
Study hard!

INSTRUCTIONS OF THE
WEEK

July 31st – August 4th Self-Defense
August 7th - August 11th Forms
August 14th – August 18th Review for Testing
August 21st – August 25th Self-Defense
August 28th – September 1st Forms
Free-Style Classes on Saturday.

Breaking

Thursday, August 10th and 31st
Students must pay \$1 per board they break.

Sparring

Thursday, August 3rd and August 24th
DO NOT FORGET TO BRING YOUR SPARRING GEAR!

Myung Martial Arts will be
closed on September 4th for
Labor Day!



Black Belt
Helping Classes

Brown belts and higher are encouraged to come on the following Saturdays: August 5th, August 12th, August 26th, and September 2nd
Class goes from 9:00-10:30am

Testing

We will be holding an all-belt test on Saturday, August 19th at 10:30 am. Belt Ceremony immediately following.

Demo Team

Demo team practices will be held the following days: August 12th at 11:30 am