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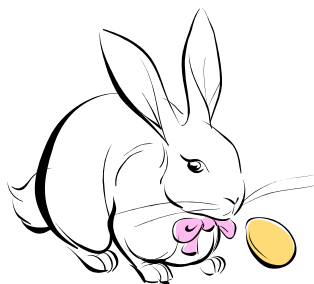


Welcome to our New Family

Birthdays in April

- 8 Carrie Keck
- 16 Chaz Mellor
- 17 Evan McCormick
- 18 Joshua Myung
- 21 Owen Zuercher

Happy Easter!!



INSTRUCTIONS OF THE WEEK

April 2nd – April 6th Forms
April 9th – April 13th Self-Defense and Kicking
Combinations
April 16th – April 20th Review for Testing
April 23rd – April 27th Self-Defense
Free-Style Classes on Saturday.

Breaking

Thursday, April 12th
**Students must pay \$1 per board
they break.**

Sparring

Thursday, April 5th
Thursday, April 26th
**YELLOW BELTS AND UP DO NOT FORGET TO
BRING YOUR SPARRING GEAR! NO GEAR = NO
PARTICIPATION**

Summer Camp 2018

Our summer camp this year will be on the dates of July 30th through August 3rd from 9 am until 4:30 pm. We will be doing fun activities like helping children with their school work, learning Korean language, learning and singing Korean songs, nunchakus, swimming, the movies, bowling, the zoo, and maybe even a Cardinals baseball game! Sign up before June 12th for a discounted price of \$245! After June 12th this price will go up to \$275. Students are welcome to bring their friends!

Black Belt Helping Classes

Brown belts and higher are encouraged to come on the following Saturdays: April 7th, April 14th, and April 28th. Class goes from 9:00-10:30am

Testing

We will be holding an all-belt test on Saturday, April 21st at 9:30 am. Belt ceremony immediately following.

Target Hockey Game

On Friday, April 27th at 6 pm, we will host a target hockey game where we play hockey with our kicking targets! Make your own teams of 3 people but no more than 4 people per team.