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**AUGUST NEWSLETTER
692-1111**



**Welcome to our
New Family**

**Birthdays in
August**

- 5 Bridget Yoder
- 11 Elliott Zuercher
- 13 Eric Schwartz
- 13 Jack Wilkerson
- 20 Vishnu Kommineni
- 25 Kaia Akandt

No Class

We will be closed
for Labor Day on
September 3rd.
Everyone have a
safe weekend!



**INSTRUCTIONS OF THE
WEEK**

August 6th – August 10th Forms
August 13th – August 17th Review for Testing
August 20th – August 24th Self-Defense
August 27th – August 31st Forms
Free-Style Classes on Saturday.

Breaking

Thursday, August 23rd
Students must pay \$1 per board
they break.

Sparring

Thursday, August 9th
Thursday, August 30th
**YELLOW BELTS AND UP DO NOT FORGET TO
BRING YOUR SPARRING GEAR! NO GEAR =
NO PARTICIPATION**

Nerf Gun War

On Friday, August 24th at 6 pm, students will
fight against their friends in our popular nerf
gun war! Make your own teams of all your
friends and family!

**Black Belt
Helping Classes**

Brown belts and higher
are encouraged to come
on the following
Saturdays: August 11th,
August 25th, and
September 1st. Class goes
from 9:00-10:30am

Testing

We will be holding an all-
belt test on Saturday,
August 18th at 10:30 am.
Belt ceremony
immediately following.

Back To School

We wish all of our
students good luck as
school starts! Have a great
year!

