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**NOVEMBER NEWSLETTER
692-1111**

**Welcome to our
New Family**

**Birthdays in
November**

4 Master DeVries
24 Joshua Robinson



**Happy
Thanksgiving!!**

No Class

There will be no class
Thursday, November
22nd through Saturday,
November 24th

**INSTRUCTIONS OF THE
WEEK**

November 5th – November 9th Kicking
Combinations and Self-Defense
November 12th – November 16th Forms
November 19th – November 21st Self-Defense
November 26th – November 30th Forms

Breaking

Thursday, November 8th
Thursday, November 29th
Students must pay \$1 per board
they break.

Sparring

Thursday, November 15th
YELLOW BELTS AND UP DO NOT FORGET TO
BRING YOUR SPARRING GEAR! NO GEAR = NO
PARTICIPATION

Happy Veterans Day!



**Black Belt
Helping Classes**

Brown belts and higher
are encouraged to
come on the following
Saturdays at 9 am until
10:30 am: November
17th and December 1st

Testing

We will be holding an
all-belt test on
Saturday, December
15th at 10:30 am. Belt
ceremony immediately
following.

Nerf Gun War

We will hold another
nerf gun war on Friday,
November 16th at 6 pm!
Students should bring
their friends and be
ready to go head to
head with others!