



**WWW.MYUNG MARTIAL ARTS.COM**



**JANUARY NEWSLETTER  
692-1111**

**Welcome to our  
New Family**

**Birthdays in  
January**

- 5 Nicole Spencer
- 12 Daniel Glass
- 12 Vivian Molkenbur
- 15 Charlotte Wieggers
- 18 Christian Nosacka
- 26 Killian McGarrahan
- 28 Veda Kommineni

**Annual Fee**

Everyone must pay this years annual fee of \$50 per student. This is due no later than January 15<sup>th</sup>. Thank you!

**Happy New Year!**

There will be no class Monday, December 31<sup>st</sup> and Tuesday, January 1<sup>st</sup> in celebration of the new year.

**INSTRUCTIONS OF THE  
WEEK**

January 2<sup>nd</sup> – January 4<sup>th</sup> Self Defense  
January 7<sup>th</sup> – January 18<sup>th</sup> Forms  
January 21<sup>st</sup> – January 25<sup>th</sup> Kicking Combinations  
and Self Defense  
January 28<sup>th</sup> – February 1<sup>st</sup> Forms

**Breaking**

Thursday, January 10<sup>th</sup>  
Thursday, January 24<sup>th</sup>

**Students must pay \$1 per board  
they break.**

**Students must pay before class or they will not  
break boards.**

**Sparring**

Thursday, January 17<sup>th</sup>  
Thursday, January 31<sup>st</sup>

**YELLOW BELTS AND UP DO NOT FORGET TO  
BRING YOUR SPARRING GEAR! NO GEAR = NO  
PARTICIPATION**



**Black Belt  
Helping Classes**

Brown belts and higher are encouraged to come on the following Saturdays at 9 am until 10:30 am: January 5<sup>th</sup> and January 19<sup>th</sup>

**Testing**

We will be holding an all-belt test on Saturday, February 16<sup>th</sup> at 10:30 am. Belt ceremony immediately following.

**Nerf Gun War**

On Friday January 25<sup>th</sup> at 6 pm you should bring all your nerf guns and bullets to verse others in our nerf gun battle! Small forts and tents are encouraged!