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**JANUARY NEWSLETTER
618-692-1111**



**Welcome to our
New Family**

**Birthdays in
January**

- 5** Zhanna Schuster
- 8** Lily Sooah Kim
- 12** Nelson Kale-Berg
- 21** Asher Rieke
- 25** Eileen Lee
- 28** Lincoln Hoffman
- 31** Maddy Ngo

Annual Fee

Our annual fee of \$70 per student will be due no later than Friday, January 16th. Thank you for your cooperation!

**INSTRUCTIONS OF THE
WEEK**

- January 5th – January 16th Forms
- January 20th – January 23rd Self-Defense
- January 26th – January 30th Self-Defense & Kicking Combinations

Breaking Class

Thursday, January 22nd

Students must pay \$2 per board they break.
Students must pay before class or they will not be able to break boards.
If you are not breaking boards, you should not attend classes.

Sparring Class

Thursday, January 15th
Thursday, January 29th

DO NOT FORGET TO BRING YOUR SPARRING GEAR! NO GEAR = NO PARTICIPATION

Happy New Year

We hope you all set goals and have a happy, healthy year!!

Testing

We will be holding an all-belt test on Friday, February 13th, at 5:20 pm. Please let us know what day you would rather test on. Belt ceremony immediately following.

There will be NO CLASSES on testing days. DO NOT FORGET YOUR SPARRING GEAR!

No Class

There will be no classes on Monday, January 19th, in honor of Martin Luther King Day. Enjoy the day off!