



WWW.MYUNG MARTIAL ARTS.COM



**MARCH NEWSLETTER
618-692-1111**

**INSTRUCTIONS OF THE
WEEK**

March 2nd – March 6th Forms

March 9th – March 13th Self-Defense

March 16th – March 20th Forms

March 23rd – March 27th Self-Defense & Kicking
Combinations

Breaking Class

Thursday, March 19th

**Students must pay \$2 per board they break.
Students must pay before class or they will not
be able to break boards.
If you are not breaking boards, you should not
attend classes.**

Sparring Class

Thursday, March 12th

Thursday, March 26th

**DO NOT FORGET TO BRING YOUR SPARRING
GEAR! NO GEAR = NO PARTICIPATION**

**Welcome to our
New Family**

**Birthdays in
March**

- 1 Joy Lee
- 13 Dante Hernandez
- 14 Taskeeh Kaur

Testing

We will be holding an all-belt test on Friday, April 10th, at 5:20 pm.

Please let us know what day you would rather test on. Belt ceremony immediately following.

**There will be NO
CLASSES on testing
days. DO NOT FORGET
YOUR SPARRING
GEAR!**

Happy Patrick's Day!!