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**MAY NEWSLETTER
618-692-1111**



**Welcome to our
New Family**

Birthdays in May

- 1 Jack Walter
- 14 Christine Lin
- 19 Henry Weedon
- 20 Zoie Farris
- 20 Yurino Kawashima
- 21 Ada Hines

No Class

There will be no classes on Monday, May 25th.

Happy Memorial Day!!

**INSTRUCTIONS OF THE
WEEK**

May 4th – May 15th Forms
May 18th – May 22nd Self-Defense
May 26th – May 29th Forms

Breaking Class

Thursday, May 14th
Thursday, May 28th

**Students must pay \$2 per board they break.
Students must pay before class or they will not
be able to break boards.
If you are not breaking boards, you should not
attend classes.**

Sparring Class

Thursday, May 7th
Thursday, May 21st

**DO NOT FORGET TO BRING YOUR SPARRING
GEAR! NO GEAR = NO PARTICIPATION**

Game Day

We will have nerf gun and dodgeball games after class on Friday, May 15th, at 6:15 pm.
Friends and family are welcome!

Testing

We will be holding an all-belt test on Friday, June 5th, at 5:20 pm.

Please let us know what day you would rather test on. Belt ceremony immediately following.

There will be NO CLASSES on testing days. DO NOT FORGET YOUR SPARRING GEAR!

Black Belt

Helping

Red belts and higher are encouraged to come on Saturday, May 16th, at 10:30 am for an hour class dedicated to practicing nunchakus and sparring.