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OCTOBER NEWSLETTER

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**INSTRUCTIONS OF THE
WEEK**

**Welcome to our
New Family**

October 5th – October 9th Self-Defense
October 13th – October 16th Self-Defense and
Kicking Combinations
October 19th – October 30th Forms

**Birthdays in
October**

- 1 Alex Burgess-Scott
- 20 Mike Brumback

Game Day

Join us on Friday,
October 16th, at 6 pm for
some nerf gun games,
dodgeball, etc. Family
and friends are
welcome!

**Happy
Halloween!!!**

Breaking Class

Thursday, October 8th

Students must pay \$2 per board they break.
Students must pay before class or they will not
be able to break boards.
If you are not breaking boards, you should not
attend classes.

Sparring Class

Thursday, October 15th

Thursday, October 29th

**DO NOT FORGET TO BRING YOUR SPARRING
GEAR! NO GEAR = NO PARTICIPATION**

Special Breaking

Join us on Thursday, October 22nd, for special
board breaking. Students may break up to 10
boards, any technique of their choosing. \$2 per
board they break.

Testing

We will be holding an
all-belt test on Friday,
December 4th, at 5:20
pm. Please let us know
what day you would
rather test on. Belt
ceremony immediately
following.

**There will be NO
CLASSES on testing
days. DO NOT FORGET
YOUR SPARRING
GEAR!**

Columbus Day

We will be closed on
Monday, October 12th,
in honor of Columbus
Day. We will resume
classes on Tuesday.